

# Achieving the Right Fit

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## Cushion Sizing

Four cushion sizes (S, M, L, MW) are available. Place the cushion sizing gauge under your nose (as shown).

**\* Tip:** For the best performance, use the smallest cushion that fits your nose.

1. Hold the gauge horizontally under your nose and select the cushion size based on where the outer edge of your nostrils and tip of your nose contact the gauge. A mirror or another person may assist with sizing.

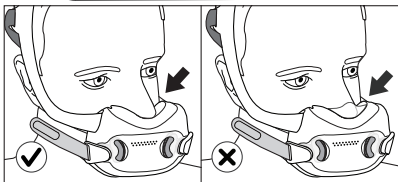
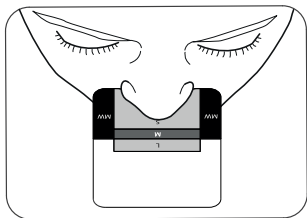
2. The cushion opening will be directly under your nostrils. The cushion will hug your nose and mouth, and leak will be minimal.
3. At no time should your nose be inside of the cushion opening. If any part of the cushion overlaps your nose, the cushion is being worn incorrectly. A different size cushion may be needed.

Contact your healthcare provider for additional information.

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## Philips Respironics DreamStation Mask Type and System One Resistance Control Settings

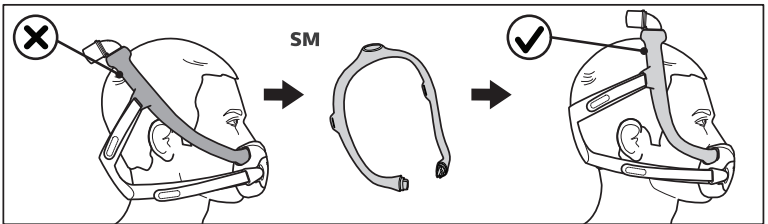
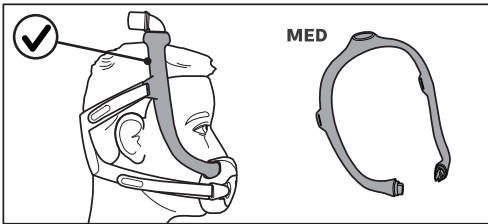
Using your mask with a Philips Respironics DreamStation or System One device provides optimal comfort. The provider sets this value (X1) on your device.



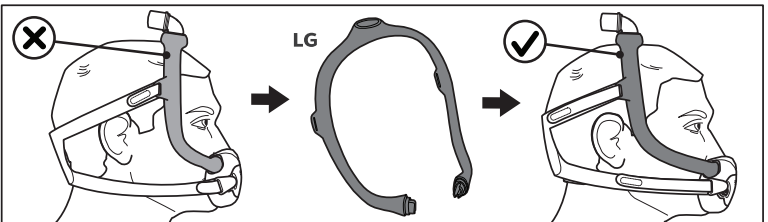
## Mask Frame Sizing

- Medium (MED) frame
- Small (SM) frame
- Large (LG) frame

The medium (MED) mask frame will comfortably fit most faces. If the MED frame does not fit your face, contact your healthcare provider to see if a small (SM) or large (LG) mask frame would better suit your needs.



\* **Tip:** If the mask frame falls backward and is too close to your ears you may need a smaller mask frame.



\* **Tip:** If the mask frame falls forward on the head and is too close to your eyes you may need a larger mask frame.